

# happy hound

for canine wellbeing



## stressfree

herbal formula to help ease anxiety and promote relaxation

Modern living can be stressful for dogs, making it tricky for them to experience their natural wellbeing. Happy Hound - stressfree helps make it easy.

Created by a vet, a behavioural scientist and Mother Nature. Intended as part of an integrated approach to canine wellbeing.

### What it is

Happy Hound stressfree is a herbal product, containing Valerian and Passionflower, that supports relaxation, mind and body, easing anxiety and stress-related behaviours and illness.

### How it works

Dogs are happy by nature. However, just like us, they can experience stress. Stressful events and circumstances can affect a dog's balanced functioning, manifesting in anxiety, tension, and a variety of stress-related behaviours or illness.

Happy Hound stressfree helps dogs to relax, mind and body, by supporting the action of GABA, a chemical found naturally in the brain that is responsible for relaxing the nervous system.

### When to use

Use Happy Hound stressfree to help ease anxiety and promote relaxation during times of change, or challenging events or circumstances:

Travel	Kennel stays
Visits to the vet	Dog shows
Dog training	Home renovations
Loud noises	Restricted exercise
New home	Cage rest

Use Happy Hound stressfree to support dogs with stress-related behaviours or illness:

- anxiety
- phobias
- stereotypies (e.g. tail chasing)
- inappropriate toileting
- digestive upsets (poor appetite, vomiting, diarrhoea)
- skin complaints (lick granulomas, allergies)
- muscle tension
- hyperactivity

### How to use

Small (under 10 kg)	- 1 capsule once or twice a day
Medium (11-30 kg)	- 2 capsules once or twice daily
Large (over 30 kg)	- 3 capsules once or twice daily

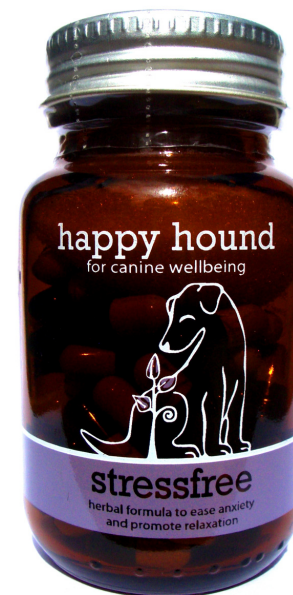
Capsules can be hidden in food whole, or opened and contents mixed into food.

If symptoms do not improve after 3-weeks, consult your local vet and behaviourist.

**Safety:** Important: If your dog is pregnant, lactating, on medication, or undergoing surgery, consult your veterinarian before giving herbs

### Good, Green, Beautiful

Happy Hound stressfree is proudly South African, and all packaging is 100% recyclable or biodegradable.



Visit our website for more information and resources on promoting happy animals and a happy planet too.

[www.happiness.co.za](http://www.happiness.co.za)